
Profile

Professor Michael E Bernard



Professor Michael E. Bernard from the University of Melbourne, Faculty of Education, Australia is an international consultant to educational authorities, organisations and government.

After receiving his doctorate in educational psychology from the University of Wisconsin, Madison, he worked for 18 years in the College of Education, University of Melbourne, Australia. In 1983, he was appointed as Reader and Coordinator of the Master of Educational Psychology Programme.

From 1995-2005, he was a tenured professor in the Department of Educational Psychology, Administration and Counseling, College of Education, at California State University, Long Beach and has been honoured with the title of Emeritus Professor.

Professor Bernard has worked as a consultant psychologist helping families and schools address the educational and mental health needs of school-age children.

He has spent extensive time counseling children with emotional, behavioural or academic difficulties. Professor Bernard is a co-founder of the Australian Institute for Rational Emotive Behaviour Therapy and is the author of many books on REBT. For eight years, he was the editor-in-chief of the Journal of Rational- Emotive and Cognitive-Behaviour Therapy.

Professor Bernard is the author of over 50 books, 15 book chapters and 30 journal articles in the area of children's early childhood development, learning and social-emotional well being as well as parent education, teacher professional development and school improvement.
