

## **Cappi White**

*Norfolk Village State School, QLD*



Cappi believes in 'doing school differently'. She has led the whole school implementation of trauma informed and evidence-based practices to respond to students' needs to allow them to learn effectively and be engaged in school.

This was particularly important in a school like Norfolk Village State School, which had a high percentage of students in out of home care and where a large chunk of the school community had been exposed to trauma. With the help of her School Principal, Cappi was able to unleash her passion to create a lighthouse school for inclusion in Norfolk Village State School.

There, Cappi has facilitated the use of equine therapy, rhythm to recovery drum beat, circus stars, a secret agent society and zones of regulation to ensure the wellbeing of the students and teachers. She is looking forward to introducing a therapy dog session as soon as possible to further nudge young people in her school on the path to mental wellbeing. She will be using a portion of her professional development grant to implement this project.

As Head of Student Services, Cappi oversees and manages her school's inclusive agenda to ensure all students can access and participate in all aspects of school life. Her long-

term hope is for young people who are at risk of suspensions, expulsions and juvenile detention placements to live meaningful lives and have tools to deal with the effects of their trauma.